

**CENTRAL PENNSYLVANIA TEAMSTERS  
HEALTH AND WELFARE FUND**

**2026 RETIREE RATES  
EFFECTIVE JANUARY 1, 2026  
(Rates are per month and subject to change annually)**

<b><u>Retired Category</u></b>	<b><u>Retiree Rate</u></b>
Medicare Retiree (R7/65)	\$ 260.00
Non-Medicare Retiree (R7)	\$1,365.00
Spouses	
Medicare Spouse(R7/65)	\$ 645.00
Non-Medicare Spouse (R7)	\$1,365.00
Dependents	
Medicare Dependent (R7/65)	\$ 645.00
Non-Medicare Dependent (R7)	\$ 390.00