

Central Pennsylvania Teamsters Health and Welfare Fund

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CENTRAL PENNSYLVANIA TEAMSTERS

HEALTH & WELFARE FUND

PLAN 13

PLAN 14

PLAN 16

PLAN R7/R7-65

Summary of Material Modification

Important Changes Have Been Made to the Plans!

Please read carefully.

- 1. Elimination of Mail Order Program Effective April 1, 2025:** The Trustees have amended the Plans to eliminate the Prescription Mail Order Program. If you have any questions about obtaining medications that you previously obtained through the Mail Order Program, please contact the Health and Welfare Fund Prescription Department.
- 2. Elimination of Step Therapy for Prescription Medications Effective April 1, 2025:** The Fund has required Step Therapy for patients starting a new drug therapy, requiring that the patient try a lower-cost, proven medication before advancing to newer or more costly drugs. The Trustees, after carefully evaluating the costs and benefits of this

program, have elected to eliminate the Step Therapy program. The Fund will continue to pay only for those medications that are “medically necessary” as determined by the Fund’s Medical Advisors and Pharmacy Benefit Manager.

3. The Fund will continue to cover over-the-counter **Proton pump inhibitors or “PPI”s**. Please present the over-the-counter medication **and** your physician script to the pharmacist, at your local participating pharmacy. Your pharmacist will provide up to a 90-day supply at a \$0 copayment.

4. **Enhanced Chiropractic Benefits Effective January 1, 2025:** The Trustees have increased chiropractic benefits. The Fund will now pay 80% of charges for up to 25 visits or a maximum of \$2,000 per year, whichever comes first. Participants will be responsible for a 20% coinsurance payment per visit.

This is a new benefit for R7/R7-65 Participants!

Please contact the Health and Welfare Fund at the Fund office number listed above if you have any questions about your benefits or the changes described above.