Central Pennsylvania Teamsters Health and Welfare Fund

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Dear Participant:

The Trustees of the Central Pennsylvania Teamsters Health and Welfare Fund ("Fund") are pleased to announce that, effective July 1, 2024, the Fund has contracted with Highmark Blue Shield to provide a robust national network of providers that includes virtually all the Pennsylvania-based providers in the current network. Participants and beneficiaries seeking treatment outside of the Fund's primary geographic area should also experience a greater choice of providers and minimal disruption through the BlueCard network of providers. Accordingly, the Fund expects this to be a seamless transition for you and your family.

To check whether your current provider is in-network or to find a network provider you can access the Highmark Blue Shield network of participating providers at the Fund website www.centralpateamsters.com under the Health and Welfare section, using the tab labeled "Providers". For network providers within PA choose the PPO Blue network. For network providers outside the state of PA choose the BCBS PPO network. For additional provider search resources outside of PA, you can call the Blue Cross Blue Shield Association at 1-800-810-2583 (BLUE) for further assistance.

In June 2024, you will receive a total of four new identification cards in the mail. The new identification cards will include the Highmark Blue Shield and Central Pennsylvania Teamsters logos. You should start using the new cards as of July 1, 2024. Please destroy your old ID Cards to avoid any confusion. Present your new card to the provider whenever you receive care, so the Highmark Blue Shield network is noted on your account. If your cards are lost or stolen or if any information is incorrect, please contact the Contributions/Eligibility Department at the Fund Office at the numbers listed above.

Very truly yours,

BOARD OF TRUSTEES CENTRAL PENNSYLVANIA TEAMSTERS HEALTH AND WELFARE FUND

Central PA Teamsters Health and Welfare Fund How to Find In-Network Doctors

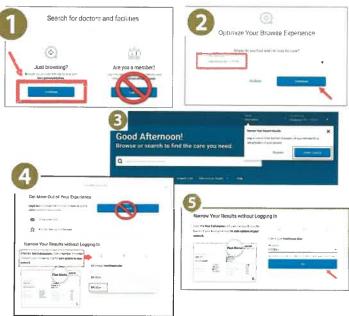
Quickly and easily find in-network doctors participating in your health plan.

Find-a-Doctor if you have your ID card or 3 character prefix, open a CHROME browser and go to www.myproviderconnect.com/find-q-doctor/

- A window will open. Please click the Continue button; DO NOT LOG IN as a member. In the next window, key in your zip code and hit Continue.
- You will arrive at the landing page. Click the Enter Card ID button in the Narrow Your Search Results box.
- In the Network Selection box that appears, scroll down and key in your 3 character prefix from your ID card. DO NOT LOG IN. Please choose PPOBlue in the next drop down that appears, and then click the Go button in blue.
- Search for a provider by Name or Speciality. You can also scroll down on the page and Browse by Category.
- Find-a-Doctor can also be used if you do not have your ID card or 3 character prefix, go to: www.highmarkblueshield.com/find-a-doctor
- Click Medical and hit to be redirected to the Sapphire Digital Site. *Only the provider search feature should be used.
- Click Dismiss in the Narrow Your Search Results box that pops up.

In the Network Search area, scroll down and choose or begin to type **PPOBlue** (no spaces) for providers inside Highmark's PA service area.

- Type * BCBS PPO (with a space) to find BlueCard providers outside of Highmark's service area. Enter the City, State and Zip of where you'd like to search.
- Search for a provider by Name or Specialty. You can also scroll down on the page and Browse by Category. If you key in a provider's name or specialty, you will see suggested search terms to choose from.



Additional Provider Search Resource

Still can't find your specific provider? Call the Blue Cross Blue Shield Association for additional assistance: 1-800-810-2583 (BLUE).

Helpful Tips

- Select provider's name for more information, such as address, phone number, hours of operation, and hospital affiliations.
- You can also change your location in the City, State or Zip box.
- * To search outside the state of PA, choose the BCBS PPO option to search.

Insurance or benefit administration may be provided by Highmark Blue Shield, Highmark Benefits Group, Highmark Health Insurance Company or Highmark Select Resources, all of which are independent licensees of the Blue Cross and Blue Shield Association. Health care plans are subject to terms of the benefit agreement.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

