Central PA Teamsters Health & Welfare Fund Plan 13

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Coverage for: _Sgl, Marr, P/Child(ren), Fam_ | Plan Type: _PPO_

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.centralpateamsters.com or call 1-800-422-8330. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other

underlined terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-800-422-8330 (PA) or 1-800-331-0420 (USA) to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 participating <u>providers;</u> \$150 person/ \$450 family non- <u>participating providers</u>	You must pay all the costs up to the <u>deductible</u> amount for non-participating <u>providers</u> before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the family <u>deductible</u> is met.
Are there services covered before you meet your <u>deductible?</u>	Yes, Preventive Care and services for participating providers.	This <u>plan</u> covers some items and Preventive services even if you haven't met the <u>deductible</u> amount. A <u>copayment</u> may apply. See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$2,000 person/ \$4,000 family	The out-of-pocket limit for services is the most you could pay during in a year for covered services. If you have other family members in this plan, they have to meet their own out of pocket limits until the family out-of-pocket limit has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Copayments, <u>premiums</u> , <u>balance-</u> <u>billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a <u>network provider</u> ?	Yes, visit www.centralpateamsters.com or call Meritain Health 1-800-343- 3140	This plan uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>providers</u> charge and what your plan pays (<u>balance</u> <u>billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services such as lab work. Check with you <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You do not need a referral to see a <u>specialist</u> . You can see the <u>specialist</u> you choose without permission from this <u>plan</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important		
Medical Event	Services You May Need	Network Provider	Out-of-Network Provider	Information		
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	(You will pay the least) \$20 copay/ visit	(You will pay the most) \$30 copay/ visit plus amt over UCR	none		
	Specialist visit	\$30 copay/ visit	\$55 copay/ visit plus amt over UCR	nonenone		
	Preventive care/screening/ immunization	No charge	\$30 copay/visit plus amt over UCR	none		
If you have a test	Diagnostic test (x-ray, blood work)	No charge	Amount over UCR plus 10%	Preauthorization is require on certain diagnostic services.		
	Imaging (CT/PET scans, MRIs)	No charge	Amount over UCR plus 10%	none		
	Generic drugs	\$5 copay/ Rx retail; \$15 copay/ Rx mail order	Amount greater than Fund cost plus copay	Covers up to a 34 day supply (retail Rx); 35-90 day supply (mail order Rx)		
If you need drugs to treat your illness or condition More information about	Preferred brand drugs	\$15 copay/Rx retail; \$30 copay/Rx mail order	Amount greater than Fund cost plus copay	Covers up to a 34 day supply (retail Rx); 35-90 day supply (mail order Rx)		
prescription drug coverage is available at	Non-preferred brand drugs	\$30 copay/Rx retail; \$60 copay/Rx mail order	Amount greater than Fund cost plus copay	Covers up to a 34 day supply (retail Rx); 35-90 day supply (mail order Rx)		
is available at www.centralpateamsters.com	Specialty drugs	\$150 copay/Rx retail; \$300 copay/Rx mail order	Amount greater than Fund cost plus copay	Covers up to a 34 day supply (retail Rx); 35-90 day supply (mail order Rx)		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$100 copay	\$100 copay; 10% coinsurance	Preauthorization is require for certain surgical services		
	Physician/surgeon fees	No charge	10% coinsurance plus any balance over UCR	Preauthorization is require for certain surgical services		
	Emergency room care	\$100 copay	\$100 copay	none		
If you need immediate medical attention	Emergency medical transportation	\$100 copay	\$100 copay	none		
	Urgent care	\$20 copay	\$30 copay plus amt. over UCR	none		
If you have a hospital stay	Facility fee (e.g., hospital room)	\$100 copay	\$100 copay; 10% coinsurance	Preauthorization is required		
	Physician/surgeon fees	No charge	10% coinsurance plus any balance over UCR	Preauthorization is required		

[* For more information about limitations and exceptions, see the plan or policy document at www.centralpateamsters.com.]

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$20 copay	\$30 copay plus any balance over UCR	none	
	Inpatient services	\$100 copay	\$100 copay; 10% coinsurance	none	
If you are pregnant	Office visits	\$20 copay for initial office visit	\$30 copay plus amt. over UCR	No coverage for dependent children.	
	Childbirth/delivery professional services	No charge	10% coinsurance plus balances over UCR	Preauthorization is required if your admit exceeds 48 hours for vaginal delivery or 96 hours for cesarean delivery. No coverage for dependent children.	
	Childbirth/delivery facility services	\$100 copay	\$100 copay;10% coinsurance plus any balance over UCR	Preauthorization is required if your admit exceeds 48 hours for vaginal delivery or 96 hours for cesarean delivery. No coverage for dependent children.	
	Home health care	\$20 copay for doctor services	\$30 copay for doctor services plus any balance over UCR	none	
	Rehabilitation services	\$20 copay	\$30 copay plus any balance over UCR	none	
If you need help recovering or have other special health needs	Habilitation services	\$20 copay	\$30 copay plus any balance over UCR	nonenone	
	Skilled nursing care	10% coinsurance up to 240 hrs; after 240 hrs 50% coinsurance	10% coinsurance up to 240 hrs; after 240 hrs 50% coinsurance	none	
	Durable medical equipment	10% coinsurance	10% coinsurance plus any balance over UCR	none	
	Hospice services	\$100 copay	\$100 copay; plus 10% coinsurance	Preauthorization is required	
If your child needs dental or eye care	Children's eye exam	No Charge	Any charges greater than \$45	One exam every two years for children age 19 and over; one exam per year for children less than 19 years	
	Children's glasses	No Charge	Any charges greater than \$75	One exam every two years for children age 19 and over; one exam per year for children less than 19 years	
	Children's dental check- up	No Charge	Any charges greater than UCR	Children over age 19 will have a \$1,000 annual dental limit	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
Cosmetic Surgery	Infertility Treatment	Long Term Care		
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)				
Acupuncture Pariatria Surgany	Dental CareHearing Aids	Private Duty NursingRoutine Eye Care (Adult)		
Bariatric SurgeryChiropractic Care	 Non-Emergency Care when Traveling the United States 	ng Outside of Routine Foot Care Weight Loss Programs		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Plam Administrator at 1-800-422-8330 (PA) or 1-800-331-0420 (USA).

Does this plan provide Minimum Essential Coverage? YES

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? YES

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-422-8330 (PA) or 1-800-331-0420 (USA).] [Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-422-8330 (PA) or 1-800-331-0420 (USA).] [Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-422-8330 (PA) or 1-800-331-0420 (USA).] [Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-422-8330 (PA) or 1-800-331-0420 (USA).]

—To see examples of how this plan might cover costs for a sample medical situation, see the next section.—

[* For more information about limitations and exceptions, see the plan or policy document at www.centralpateamsters.com.]



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal car hospital delivery)	e and a	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> [copayment] Hospital (facility) [coinsurance] Other [coinsurance] 	\$0 \$0 0% 10%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> [copayment] Hospital (facility) [coinsurance] Other [coinsurance] 	\$0 \$30 0% 10%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> [copayment] Hospital (facility) [coinsurance] Other [coinsurance] 	\$0 \$60 0% 10%
This EXAMPLE event includes services Specialist office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (<i>ultrasounds and blood w</i> Specialist visit (<i>anesthesia</i>)		This EXAMPLE event includes service Primary care physician office visits (inclu disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose me	Iding	This EXAMPLE event includes serv Emergency room care (including medi- supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical thera	ical
Total Example Cost	\$12,800	Total Example Cost	\$7,400	Total Example Cost	\$1,900
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
Copayments	\$120	Copayments	\$710	Copayments	\$220
Coinsurance	\$0	Coinsurance	\$117	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$55	Limits or exclusions	\$0
The total Peg would pay is	\$180	The total Joe would pay is	\$882	The total Mia would pay is	\$220