

**CENTRAL PENNSYLVANIA TEAMSTERS HEALTH AND WELFARE FUND  
PLAN 16  
SUMMARY OF BENEFITS – EFFECTIVE JULY 1, 2019**

**BENEFITS**

**PPO NETWORK**

**OUT OF NETWORK**

**Note:**

**\*Base Benefit**

**\*\*Optional Benefit**

**\*\*\*See additional notes  
starting on page 7**

**+See additional notes  
starting on page 7**

Deductible & Out-of-pocket	Each Year	Each Year
Individual Deductible	\$0	\$200.00
Family Maximum Deductible	\$0	\$600.00
Co-Insurance <sup>1</sup>	\$0	10%, plus any balances over UCR
Individual Out-of-Pocket Maximum+	\$2,500.00	\$2,500.00 plus Deductible
Family Out-of-Pocket Maximum+	\$5,000.00	\$5,000.00 plus Deductible
Lifetime Maximum Benefit	Unlimited	Unlimited
<b><u>HOSPITALIZATION*</u></b>		
Inpatient Hospitalization Admission	\$100.00 copay Fund pays 100% of contracted rate	\$100.00 copay 90% of UCR after deductible until out-of-pocket is reached, then 100%
Outpatient Surgical Procedure Facility	\$100.00 copay Fund pays 100% of contracted rate	\$100.00 copay 90% of UCR after deductible until out-of-pocket is reached, then 100%
Outpatient Surgical Procedure Office	100% of contracted rate	90% of UCR after deductible until out-of-pocket is reached, then 100%

<sup>1</sup> In-Network Coinsurance only applies to Outpatient Nursing and Durable Medical Equipment. See page 4.

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<b><u>BENEFITS</u></b>	<b><u>PPO NETWORK</u></b>	<b><u>OUT OF NETWORK</u></b>
<b><u>HOSPITALIZATION *</u></b>		
<b><u>CONTINUED....</u></b>		
Hospital Miscellaneous	100% of contracted rate	90% of UCR after deductible until out-of-pocket is reached, then 100%
Emergency – Accident	\$100.00 copay Fund pays 100% of contracted rate	\$100.00 copay Fund pays 100% of balance
Emergency – Sickness (includes ER/Dr.)	\$100.00 copay Fund pays 100% of contracted rate	\$100.00 copay Fund pays 100% of balance
<b><u>MENTAL ILLNESS/ *</u></b>		
<b><u>SUBSTANCE ABUSE</u></b>		
Outpatient	\$20.00 copay Fund pays 100% of contracted rate	\$30.00 copay Fund pays lesser of UCR or billed charges
Inpatient Hospital	\$100.00 copay Fund pays 100% of contracted rate	\$100.00 copay 90% of UCR after deductible until out-of-pocket is reached, then 100%
Inpatient Physician	100% of contracted rate	90% of UCR after deductible until out-of-pocket is reached, then 100%
<b><u>DIAGNOSTIC *</u></b>	100% of contracted rate	Fund pays 90% of lesser of bill or UCR.
<b><u>PHYSICIAN’S MEDICAL EXPENSES INPATIENT*</u></b>	100% of contracted rate	90% of UCR after deductible until out-of-pocket is reached, then 100%

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<b><u>BENEFITS</u></b>	<b><u>PPO NETWORK</u></b>	<b><u>OUT OF NETWORK</u></b>
<b><u>MEDICAL EXPENSES</u></b>		
<b><u>PHYSICIAN'S OFFICE</u></b>		
<b><u>VISITS *</u></b>		
Office visits include: General Practitioner, OB-GYN, Internist, Pediatrician and Doctors of Osteopathy	\$20.00 copay Fund pays 100% of contracted rate	\$30.00 copay Fund pays lesser of UCR or billed charges
Specialists	\$30.00 copay Fund pays 100% of contracted rate	\$55.00 copay Fund pays lesser of UCR or billed charges
Chiropractors	\$25.00 maximum per visit up to \$500.00 per person/per year	\$25.00 maximum per visit up to \$500.00 per person/per year
<b><u>FLU/PNEUMONIA *</u></b> <b><u>VACCINATIONS</u></b>	100% of contracted rate	Fund pays lesser of UCR or billed charges
<b><u>TRANSPLANT *</u></b>	\$100.00 copay 100% of contracted rate. *Cost related to transplant surgery through six weeks from date of surgery.	\$100.00 copay 90% of UCR after deductible until out-of-pocket is reached, then 100% *Cost related to transplant surgery through six weeks from date of surgery.
<b><u>AMBULANCE TRANSPORT/ LIFE FLIGHTS *</u></b>	\$100.00 copay Fund pays 100% of contracted rate	\$100.00 copay 90% of UCR after deductible until out-of-pocket is reached, then 100%
<b><u>IMMUNIZATIONS *</u></b> <b><u>(recommended by the Centers for Disease Control)</u></b>		
Dependent Children through age 26	100% of contracted rate	Fund pays lesser of UCR or billed charges
Participants and Spouses	100% of contracted rate	Fund pays lesser of UCR or billed charges
Immunizations or injections not on the Centers for Disease Control list	\$25.00	\$25.00 reimbursement

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<b><u>BENEFITS</u></b>	<b><u>PPO NETWORK</u></b>	<b><u>OUT OF NETWORK</u></b>
<b><u>THERAPY SERVICES</u></b> * (Including Physical, Occupational, Speech and Work Hardening)	\$20.00 copay per visit Fund pays 100% of contracted rate. Limit-3 therapeutic services/visit and 24 visits/condition. Extensions reviewed.	\$30.00 copay per visit. Fund pays lesser of UCR or billed charges. Limit- 3 therapeutic services/visit and 24 visits/condition. Extensions reviewed.
<b><u>OUTPATIENT NURSING</u></b> * <sup>1</sup>	90% of contracted rate up to 240 hours in the benefit year. Over 240 hours payable at 50%.	90% of UCR after deductible up to 240 hours in the benefit year. Over 240 hours payable at 50%.
<b><u>DURABLE MEDICAL EQUIPMENT</u></b> * <sup>1</sup>	90% of contracted rate until Out-of-Pocket is reached; then 100%	90% of UCR after deductible until Out-of-Pocket is reached; then 100%
<b><u>PRESCRIPTION DRUGS</u></b> **	<b>Retail Pharmacy:</b> <b>A.</b> Copay for each 34-day supply: \$5 Generic/\$15 Brand Preferred/ \$30 Brand Non-Preferred (see attached list) Specialty - \$150 for each 30-day supply <b>B.</b> Copay for each 34-day supply: \$10/Generics/\$20 Brand Preferred/\$40 Brand Non-Preferred (see attached list) Specialty - \$150 for each 30-day supply <b>C.</b> Copay for each 34-day supply: \$10 Generics/\$30 Brand Preferred/\$50 Brand Non-Preferred (see attached list) Specialty - \$150 for each 30-day supply Please see Additional Notes at the end	Copay plus excess over PPO cost for each 34 day supply: <b>A.</b> \$5 Generic/\$15 Brand Preferred/ \$30 Brand Non-Preferred (see attached list) Specialty - \$150 for each 30-day supply <b>B.</b> Copay plus excess over PPO cost for each 34-day supply: \$10/Generics/\$20 Brand Preferred/\$40 Brand Non-Preferred (see attached list) Specialty - \$150 for each 30-day supply <b>C.</b> Copay plus excess over PPO cost for each 34-day supply: \$10 Generics/\$30 Brand Preferred/\$50 Brand Non-Preferred (see attached list) Specialty - \$150 for each 30-day supply Please see Additional Notes at the end

<sup>1</sup> In-Network Coinsurance only applies to Outpatient Nursing and Durable Medical Equipment.

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**BENEFITS**

**PPO NETWORK**

**OUT OF NETWORK**

**PRESCRIPTION DRUGS\*\***  
**CONTINUED...**

**Mail-Order Program** up to a 90-day supply:

- A.** \$15 Generic/\$30 Brand Preferred/  
\$60 Brand Non-Preferred  
Specialty - \$300 for each 90-day supply
- B.** \$30 Generic/\$40 Brand Preferred/\$80 Brand Non-Preferred(see attached list)  
Specialty - \$300 for each 90-day supply
- C.** \$30 Generic/\$60 Brand Preferred/\$100 Brand Non-Preferred (see attached list)  
Specialty - \$300 for each 90-day supply
- D.** \$30 Generics/\$60 Brand Preferred/\$100 Brand Non-Preferred (see attached list),  
**with a \$100.00 deductible**  
\$300.00 Specialty Copay

Please see Additional Notes at the end

**DENTAL \*\***

Routine

- A.** 100% of contracted rate up to \$1,000.00/person/year
- B.** 80% of contracted rate up to \$800.00/person/year
- C.** 60% of contracted rate up to \$600.00/person/year

- A.** 100% up to UCR maximum of \$1,000.00/person/year
- B.** 80% up to UCR maximum of \$800.00/person/year
- C.** 60% up to UCR maximum of \$600.00/person/year

Accidental  
(same for all levels A, B, and C)

\$1,000.00/per person/per injury

\$1,000.00/per person/per injury

Orthodontic  
(same for all levels A, B, and C)

\$3,000.00/person/lifetime  
No balance to Dental Benefit  
No adults

\$2,000.00/person/lifetime  
No balance to Dental Benefit  
No adults

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<u><b>BENEFITS</b></u>	<u><b>PPO NETWORK</b></u>	<u><b>OUT OF NETWORK</b></u>
<u><b>VISION</b></u> ** (same for all levels A, B, and C)	Davis Vision (see attached program description)	\$45.00 exam \$75.00 lenses/frames or contacts
<u><b>HEARING</b></u> ** (same for all levels A, B, and C)	\$1,000.00 per family per year	\$1,000.00 per family per year. Hearing benefits based on UCR.
<u><b>DEATH AND DISMEMBERMENT</b></u> **	<p><b>A.</b>\$35,000.00 death            \$35,000.00 accidental death            \$ 2,000.00 spouse death            \$ 2,000.00 child death</p> <p><b>B.</b>\$20,000.00 death            \$20,000.00 accidental death            \$ 2,000.00 spouse death            \$ 2,000.00 child death</p> <p><b>C.</b>\$10,000.00 death            \$10,000.00 accidental death            \$ 2,000.00 spouse death            \$ 2,000.00 child death</p> <p><b>Dismemberment – Level A:</b>            Accidental loss of life, two limbs, the sight of both eyes, one limb and the sight of one eye, or speech and hearing in both ears or quadriplegia-\$35,000.            Paraplegia or triplegia (paralysis of three limbs)-\$26,250.            Accidental loss of one limb, sight of one eye, or speech or hearing in both ears or hemiplegia-\$17,500.            Accidental loss of thumb and index finger of the same hand or uniplegia-\$8,750</p> <p><b>Dismemberment – Level B:</b>            Accidental loss of life, two limbs, the sight of both eyes, one limb and the sight of one eye, or speech and hearing in both ears or quadriplegia-\$20,000.</p>	<p><b>A.</b>\$35,000.00 death            \$35,000.00accidental death            \$ 2,000.00 spouse death            \$ 2,000.00 child death</p> <p><b>B.</b>\$20,000.00 death            \$20,000.00 accidental death            \$ 2,000.00 spouse death            \$ 2,000.00 child death</p> <p><b>C.</b>\$10,000.00 death            \$10,000.00 accidental death            \$ 2,000.00 spouse death            \$ 2,000.00 child death</p> <p><b>Dismemberment – Level A:</b>            Accidental loss of life, two limbs, the sight of both eyes, one limb and the sight of one eye, or speech and hearing in both ears or quadriplegia-\$35,000.            Paraplegia or triplegia (paralysis of three limbs)-\$26,250.            Accidental loss of one limb, sight of one eye, or speech or hearing in both ears or hemiplegia-\$17,500.            Accidental loss of thumb and index finger of the same hand or uniplegia-\$8,750</p> <p><b>Dismemberment – Level B:</b>            Accidental loss of life, two limbs, the sight of both eyes, one limb and the sight of one eye, or speech and hearing in both ears or quadriplegia-\$20,000.</p>

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**OUT OF NETWORK**

**DEATH \*\*  
AND DISMEMBERMENT  
CONTINUED...**

Paraplegia or triplegia (paralysis of three limbs)-\$15,000.  
 Accidental loss of one limb, sight of one eye, or speech or hearing in both ears or hemiplegia-\$10,000.  
 Accidental loss of thumb and index finger of the same hand or uniplegia-\$5,000.  
**Dismemberment – Level C:**  
 Accidental loss of life, two limbs, the sight of both eyes, one limb and the sight of one eye, or speech and hearing in both ears or quadriplegia-\$10,000.  
 Paraplegia or triplegia (paralysis of three limbs)-\$7,500.  
 Accidental loss of one limb, sight of one eye, or speech or hearing in both ears or hemiplegia-\$5,000  
 Accidental loss of thumb and index finger of the same hand or uniplegia-\$2,500.

Paraplegia or triplegia (paralysis of three limbs)-\$15,000.  
 Accidental loss of one limb, sight of one eye, or speech or hearing in both ears or hemiplegia-\$10,000.  
 Accidental loss of thumb and index finger of the same hand or uniplegia-\$5,000.  
**Dismemberment – Level C:**  
 Accidental loss of life, two limbs, the sight of both eyes, one limb and the sight of one eye, or speech and hearing in both ears or quadriplegia-\$10,000.  
 Paraplegia or triplegia (paralysis of three limbs)-\$7,500.  
 Accidental loss of one limb, sight of one eye, or speech or hearing in both ears or hemiplegia-\$5,000  
 Accidental loss of thumb and index finger of the same hand or uniplegia-\$2,500.

**SHORT-TERM \*\*  
DISABILITY**

**A.**\$275.00 per week-26 weeks  
 \$100 extended – 10 weeks  
 provided required  
 documentation submitted.  
**B.**\$175.00 per week-26 weeks  
 \$100 extended – 10 weeks  
 provided required  
 documentation submitted.  
**C.**\$100 per week-26 weeks  
 -no extended benefits

**A.**\$275.00 per week-26 weeks  
 \$100 extended – 10 weeks  
 provided required documentation  
 submitted.  
**B.**\$175.00 per week-26 weeks  
 \$100 extended – 10 weeks  
 provided required documentation  
 submitted.  
**C.**\$100 per week-26 weeks  
 -no extended benefits

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**ADDITIONAL NOTES**

**PRESCRIPTIONS:** Retail Drug Copayments are applicable to 15-day scripts for drugs classified as “Class II” Pain Medications by the FDA. Also, effective January 1, 2016, the copayment for all Zohydro prescriptions will be \$150 per script.

Please see the attached Summary of Material Modifications concerning the Prescription Benefits.

**DURABLE MEDICAL EQUIPMENT INCLUDES BUT NOT LIMITED TO:** Oxygen, blood, orthopedic braces, artificial eyes, artificial larynx, prostheses for arms, hands and legs, durable medical equipment, orthotics, and breast prostheses.

**PRE-CERTIFICATION:** Outpatient and inpatient 14 days prior to non-emergency outpatient procedures or inpatient hospitalization.

**REQUIREMENTS FOR OBTAINING RETIRED COVERAGE:**

Effective June 1, 2012, to satisfy the 15 year requirement, you must have two (2) years of continuous coverage immediately prior to your retirement and you must have had coverage for at least thirteen (13) of the prior eighteen (18) years. For purpose of meeting the thirteen (13) year requirement, participation for a twelve (12) month period will be considered participation for a year even if the months are not consecutive.

+ The individual and Family Out-of-Pocket Maximums are balances that the participant is responsible for with respect to benefits that are paid under the Major Medical provisions of the Plan. In addition to these amounts, the participant will be responsible for the payment of all Deductibles, all Copayment amounts, all benefits that exceed dollar limits as set forth in the Plan (for example, visit limits for physical therapy), and any amount billed in excess of the Fund’s UCR where applicable.

Plan 16 Summary of Benefits  
revised 7/18/19